

DISCOVERIES

2900 S BERNARD
SPOKANE, WA
99203

Board of Trustees News

Ministers' Message



watch and listen for Spirit's Voice during this excursion.

As I followed the path that led the way, I recalled the words, "I go to prepare a place for you" from John 14:2. It occurred to me that these words of Jesus show us that the guidance of Spirit is waiting to lead us, just as this path that had been prepared was doing for me in that moment. What adventures awaited me on this path? **As I allow Spirit to be the guide, I am taken on wondrous adventures.**

The path was uneven in places and wound up and down, so I needed to pay close attention to where I was going. Suddenly a delicious scent in the air reminded me that, while it was important to stay focused on the path, I needed to also stop and "smell the roses," or in this case, cedar! **The journey is not just about reaching the destination, it is important to pay attention on the way.**

I spied a tiny little frog hopping across my path and was fascinated with its miniature size. I imagined how huge the forest that surrounded us must appear to this little creature and realized that perspective is

what creates the world I am living in. **How I view it, is how it is for me!** Einstein's theory was coming to life before my eyes.

I rounded a corner and was startled by the spectacular sight of a spider spinning a large web with the sunshine behind it, illuminating its painstaking work. Previously, I had been impatiently brushing away the sticky web strings that crossed my path. In that moment, the web was transformed into a glorious work of art for me, rather than a bothersome impediment. I realized that **those things in life that can appear to be our biggest challenges are all part of the tapestry of being.**

This summer, if you choose to head out on vacation and visit natural places of beauty, let it also become a closer walk with God. We invite you, in whatever setting you find yourself, to listen and watch for Spirit's messages from the One Life that sleeps, dreams, awakens and becomes conscious in all of creation.

Blessings, Jane and Gary

Unity Spiritual Center

Sunday Services June, 9 & 11
July-Sept 5, 10 am

Office & Bookstore Hours

Sunday	9-1
Monday	Closed
Tues-Thurs	10-3
Fri-Sat	Closed
Office	(509) 838-6518
Fax.....	(509) 838-5537
Website.....	www.unityspokane.org
Twitter.....	twitter.com/unityspokane
Facebook...www.facebook.com/	UnitySpiritualCenterSpokane

STAFF

Co-Ministers.....	Jane & Gary Simmons
Family Minister	Jackie Green
Administrator.....	Terri Lewis-Sander
Communications.....	Liza Mattana
Music Director.....	Tawni Wright
Choir Director.....	Shawn Wright
Custodian.....	Bee Reynolds

2015 BOARD OF TRUSTEES

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LICENSED UNITY TEACHERS

Donna McClure, Mary Teresa True, Dennis Ashley



On Saturday, May 16, 2015, we held our annual board retreat, and what a day it was! Revs. Drs. Jane and Gary Simmons first led us through a check-in, where we took a turn sharing what was going on with us emotionally, mentally and/or physically. This helped everyone settle in and become present for the retreat. Next, each person drew a Q card and shared, "Who Have I Come Here To Be." As we shared with each

other what our Q cards read, words like Victorious, Open, Edgy, Expressive, and Honesty were revealed. Next, we broke out into pairs and interviewed one another. We asked each other to share about a time when we felt most excited and inspired at Unity Spiritual Center. I instantly recalled two occasions. The first was when my wife, Rebecca, and I found Unity in 2007. The newness and warmth expressed by being a part of a loving community was very exciting and inspirational for both of us. The second occasion is right now. I am so excited and inspired at this very moment because I get to be part of something special. I get to do my part in helping raise the bar, and I am thrilled about that opportunity. Another exercise we completed at the retreat was sharing about a time when we were part of a successful team, working together to make a difference. We talked about the values the team demonstrated that contributed to that success. This recollection set the tone for what we did next, and what I believe will be the catalyst for the Board or Trustees as we move into the next phase of raising the bar.

We developed a list of core values that each of us felt is most important for us, the Board, to demonstrate. In order to narrow the list down to between five and seven top core values, we each voted for our top four core values. Here is our list of five core values: Emotional & Spiritual Maturity, Integrity, Transparency, Financial Responsibility and Commitment. The Board wants to begin raising the bar to get to the next level. As we continue to clarify our roles and how we can best model our roles back to you, a good place to start is by living and demonstrating core values. Everyone on the Board is excited, enthusiastic and connected. We are ready and willing to do the work we need to do as Unity Spiritual Center moves towards the next level. We are excited and inspired, and we want to extend an invitation out to you to join us.

With Love & Blessings,
Charlie Ker,
President, Board of Trustees

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Generosity Report

Our Unity Spiritual Center community members are a generous, committed group of fun-loving people who call Unity Center their spiritual home. As it has been said, "home is where the heart is." Unity Spiritual Center is home to over 300 active truth-seekers who are passionate about being in community.

Your generous and ongoing financial support of Unity Spiritual Center enables us to provide programs and services that transform lives and provide the much needed help for community members who are going through difficult life challenges.

During the last four months this ministry has sent eight Youth Ministry volunteer staff members to training in Gold Bar, WA. In addition, in April, three people participated in our regional teen ministry event. We trained and installed seventeen new and returning Prayer Chaplains who prayerfully serve our community by providing confidential prayer support following our worship services.

We had several fundraisers beginning with our Travel Raffle and ending with another successful Sacred Rubble rummage sale. Close to 1,000 people came through our doors from the larger Spokane community. In addition, we had a fantastic retirement party for Rev. David McClure, packing our sanctuary with caring friends and community members who fondly honored David and Donna for their years of service. Rev. David was recognized as Minister Emeritus.

Perhaps our biggest accomplishment was completing our ministerial search which culminated in the hiring of Revs. Drs. Jane and Gary Simmons who began their co-ministry with us in April. One of the things that came out of the interview process for our new ministers was cleaning up and clearing out our facility. Gary Ishler painted the reception room and other areas, and Bee Reynolds organized and recorded all of our storage spaces. The Landscape team, headed up by Wayne Green, continues to meet every Thursday to beautify our grounds, and we have replaced several exterior doors.

Our revenue at the end of April for the year to date was \$85,300 going toward nearly \$92,000 in operating expenses for the last four months. We are grateful for those who have the means to help us make up our shortfall as we enter the summer months. We also appreciate the dozens of families who are participating in an automatic-deposit program for their tithes to this community. This is the best way to help us manage the summer giving patterns.

Thank you in advance for your tithes and love-offerings that sustain us. You are loved and appreciated!

Blessings, Linda Tweedy
Treasurer, Board of Trustees

Sacred Rubble 2015

Thank you all who participated in this year's Sacred Rubble rummage sale. Whether you donated items, helped collect, price, sort or worked the day of the sales, you contributed your energy & love and helped us raise over \$7,000! This year, we welcomed nearly 1000 people from the greater Spokane area into our center and shared our Unity light with them. Our rummage sale even helped other organizations like the Center for Spiritual Living and our YOU members who donated extras to supporting homeless families through a clothing drive.

Special thanks goes out to Gary Lock who organized the sale and all its many logistics, Kathy Fisher who helped with promotions and silent auction items, and our Youth Ministry for helping us with storage.



Have you visited our Facebook, Twitter & Instagram pages? Look for us on Facebook at "Unity Spiritual Center, Spokane" and @UnitySpokane on Twitter & Instagram. It's a great way to get the latest info and photos, especially when you're on the move. Join the conversation!



Seva Star features stellar volunteers who provide sacred service, or Seva, to our Center. They are shining stars! This season, we are featuring Gary & Marlene Lock.

Shortly after coming to Unity in November of 2001, Gary and Marlene Lock jumped right in and got involved with Crosswalk dinners, led by Diane Bisson, serving homeless youth in Spokane. They "had a great time meeting many youth and new friends." It is still something they look forward to each month. Gary & Marlene have also spent several years volunteering in the Youth Ministry, where they grew to respect and love all the people who give so generously of their time and talents to make that part of our Center so successful. The Locks have helped with ushering, landscape, building maintenance & special projects, Sacred Rubble, and a myriad of other opportunities, each bringing new people into their "expanding Unity family." Marlene is also honored to serve as a chaplain and being a prayerful presence in our community. Lately the Locks have been with Soul to Soles, which provides new shoes and socks to children enrolled in Head Start. "Besides the obvious good feelings you get from doing something for others, it's the people. The folks who give of their time unconditionally are the kind of people I want to hang around with," says Gary. "They bring a sense of well-being that swells my heart. They are what make it all worthwhile. They are what make it meaningful. To be a part of that giving group of people gives more meaning to my life." Beautifully said, Gary. Thank you, Locks, for enriching our community with your unconditional giving!

Seva Stars:

Gary & Marlene Lock



Seva Opportunities

Kitchen Angels: Can you tidy the kitchen after the 11 am service? We have one person to help but two helpers boosts the fun and makes the work go quicker!

Bookstore: Please see Terri if you can help in the bookstore on Sundays or for special events. It's easy, and it's a fun way to help our Unity community!

Mowers: If you can operate a self-propelled mower, we've got a job for you! Mow once a month from June-Sept to keep us looking good this season!

Please contact Liza Mattana at lmattana@unityspokane.org if you have the time and are interested in volunteering and filling these Unity needs.

What is SEVA?

The word *seva* comes from the Sanskrit root, *sev*, meaning to "attend" or "to go towards."

We use *Seva* to describe using one's **time, talent or treasure** to support community.



We are all connected. *Seva* means giving back to each other.

Transitions & Celebrations

We are celebrating with:

- Revs. Drs. Jane & Gary on the birth of their grandson
- The Wrights on the birth of their grandson

Youth and Family Ministry

Regional Events for Young People from our Ministry



A Word From Rev. Jackie Green



Unity people of all ages are coming together to create two weeks in July for our children. Peace Camp at Unity North is the week after Kids Week at our Unity center.

"Jungle Safari - Call to the Wild"
at Unity Spiritual Center
July 13-17 Mon - Fri 9am-12 noon
2900 S Bernard

For more information contact Jackie 995 - 3036

A Fun Summer Day Camp "Passport to Peace"
at Unity North
July 20 - 23 Mon.-Thurs 9 am -3 pm
4123 E Lincoln Road

For more information contact Connie Janney 863-8676

What a wonderful opportunity for all ages to create and transform with the kids.

Kids Week continues with the Jungle Safari theme. We will delve deeper into the **WILD** place within ourselves to experience our natural state. Designed to be fun and creative for children ages 4 thru 11, and guided by staff ages 12 thru 112+. The time will include tents, parachutes, drums and HearBreatheSavorFeel experiences. Will you be one of the ones to answer the Call of the Wild to trek with us?

June 21-26 **Unitreat** at Cispus Center, near Randle, WA, for 6th-8th grade (ages 11 - 14)

June 21-24 **Kids Camp** (NW YOU Service Project) at Camp Waskowitz, North Bend, WA, for ages 7-11

July 6-10 **IYOU** at UNITY VILLAGE, MO - 9th -12th grade

July 24-27 **YOU Rendezvous** at Chewelah Peak, WA, 9th -12th grade

August 20-23 **Multigenerational PLAY Camp** at Cispus Learning Center, Randle WA, all ages

Connect with Jackie jackienwyou@comcast.net or call 838-6518 for more info.

Join us for *Jungle Safari Kids Camp*
"Call to the Wild"

July 13-17



Unity Bookstore

As we are in transition in our Center, so is our bookstore. I am finding it more of a challenge to sell new books as it is so easy to purchase books online. I would suggest that if you use Amazon, go through our website at UnitySpokane and start your shopping. USC will benefit every time you make a purchase! Thanks, Terri Lewis-Sander

In June we are planning a few sales in the bookstore to help generate some funds through the summer:

- We will have a table of books for love offering through the month of June. If you have any books you would like to donate, now is the time to bring them.
- All shelved, used books will be \$2.00. We have the largest selection of used books EVER. We have an abundance of recent donations from the Simmons, Clare Austen, and the McClures. Now is the time to find that special gem of a book you have been looking for (used books must have orange sticker).
- Our Energy Earrings are marked down 25% for the month of June.



Unity Foundation

The Foundation is joining forces with the Baristas to raise money to improve our Fellowship Hall. The Baristas will have a special drive to raise money each week at their stand. On July 11th, the Foundation Board will sponsor a Street Fair in our parking lot. There will be a number of different games, music, dancing, food and beverage booths. If you want to help plan, please let me know by putting your name, email address or phone number, and what you would like to do on the sign-up sheet on the Seva Counter or by emailing me at alkonigsfeld@outlook.com. We hope to replace the flooring in the Fellowship Hall, but we would also like to paint and clean the ceiling. What we do will depend on your support! See you at the Fair (and the Barista stand).

Al Konigsfeld,
President, Unity Foundation

Unity believes in the practice of tithing. As we share our income with others, we also generously receive. Unity Church gratefully tithes 10% of our revenue to those who share our spiritual vision...Unity Worldwide Ministries, Our Unity NW Region, NW Youth of Unity, Volunteers of America, Sravasti Abbey, The Fig Tree, Alternatives to Violence Project.

Make a Note of It!

- June 6—9 am-12 pm, Landscape Clean Up
- June 13—7 pm, Unity Home Companion Variety Show, \$10
- June 18—6:30 pm, Walk Summer Parkways with us! Meet in our south parking lot and join the fun. More info at summerparkways.com
- June 26 & 27—Leadership Training with Dr. Gary. For more info contact Dr. Gary
- July 5-Sept 6—10 am Sunday service (9 & 11 am services resume September 13)
- July 11—10 am-3 pm, Unity Street Fair, free fun for all!
- July 29-Sept 2—6:30 pm, *The Art & Practice of Living With Nothing and No One Against You*, with Dr. Gary
- We're Updating Our Locks—See Terri if you will need a new key!

Ongoing Unity Groups

The Outrageous Wild Women of Unity (OWWU)

Spiritual circles held the 2nd Saturday of most months. Contact Joyce at joyce@swanlight.com or 242-9980.

Next Generation Unity (NGU) Ages 18-35

Meeting the spiritual needs of Unity's young adults. Periodic special events are listed in **Discoveries** and our website.

Unity Choir

Weekly rehearsals for anyone interested in joining a joyful singing community, Thursdays at 7pm in our Sanctuary, through June & starting again after Labor Day. See Shawn Wright to join! Or email sandtwright@comcast.net



Other Groups at Unity

AI-Anon Serenity Seekers

Thursdays at 12 pm

A Course in Miracles

Tuesdays 6:45 pm, by donation

Dances of Universal Peace

Sufi dancing, 1st and 3rd Thursdays thru June at 7 - 9 pm in our Chapel. Call Bruce at 220-5160. All are welcome.

Oneness Blessing (Deeksha)

The gift of a quiet mind, 3rd Sunday at 12:30 pm in our Chapel, donations accepted

Attitudinal Healing Peer Support Group

Mondays at 6:30 pm in Youth Area. This group works to transform hearts and minds. All are welcome.

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Weekly

Meditations

for a spiritually enriching, and fulfilling life - dedicated to love, unity, and peace.

SUNDAYS

12:30 pm, (11:30 July-August)

Science of Spirituality meditation, facilitated by Regina Merritt, in our Youth Area

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SUMMER 2015

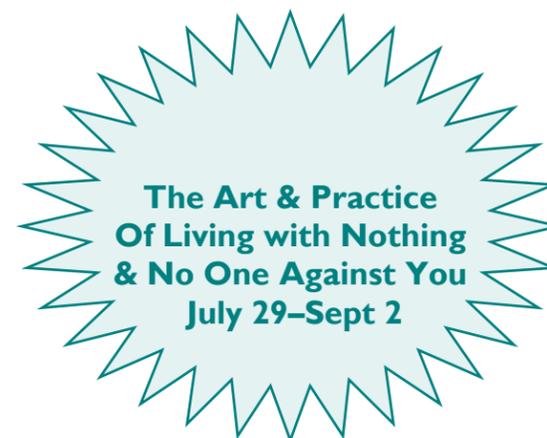
Unity Spiritual Center

2900 S Bernard

Spokane, WA 99203

509-838-6518
unityspokane.org

ADDRESS SERVICE REQUESTED



New To Unity—Welcome JeNeal Brown

JeNeal Brown has lived in Spokane for nearly five years and has fallen in love with our area. She is married to a green-thumb farmer, Jordan, and they have three children, Alexis - 8, Evalyn - 2, and Fenton - 1. When JeNeal and family moved to Spokane, she was “on the search to find a community church that fit with my beliefs.” After searching for a couple years, she came across Unity. JeNeal says that “walking through those front doors was all it took—the energy felt was so beautiful and so welcoming...I knew I had found a very special place, and I was filled with excitement and relief. I had found a place I could bring my family to help grow a foundation in our own spirituality.” JeNeal is currently working on her BA in Ministry as well as completing certification as a Metaphysical Practitioner with a focus of spiritual development through magic, meditation, and movement. She has a strong desire to work with the youth and women of this community and “now feels ready for the journey that Unity holds for her,” and hopes to help with classes and workshops. JeNeal enthusiastically shares that she “can't wait to meet and get to know the many beautiful souls of this congregation. I feel very blessed to be a part of Unity, and I love our new reverends and their vision for Unity.” If you haven't done so already, say hello and welcome JeNeal and her family to Unity!



unity
Spiritual Center
Spokane